



TAKEOUT MENU



Kenaston

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Winnipeg, Manitoba
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Polo Park

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Winnipeg, Manitoba
204-772-2698
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Regent

4-1570 Regent Ave
Winnipeg, Manitoba
204-786-6646
winnipeg@mongosgrill.com



Healthy food made fun

Takeout

In a hurry? Don't worry! Call ahead – choose your options and we'll make it for you!

UnbelievaBowls - 12.79

Step 1 : We start with a generous portion of our fresh, healthy stir-fry vegetables (broccoli, pea pods, water chestnuts, green cabbage, bean sprouts, mushrooms, baby corn, green and red peppers, onion celery, and carrots) *No Substitutions

Step 2 : Choose your protein (select one):

- Chicken • Pork • Beef • Shrimp • Tofu • Sausage • Ham

Step 3 : Rice or Noodles (select one)

- Steamed White Rice • Mongo's Fried Rice • California Brown Rice
- Steamed Noodles • Udon Noodles • Pad Thai Noodles

Step 4 : Choose a sauce for flavour

- Zippy Satay Thai Style • Simply Sweet & Sour • Teriyaki Temptation
- Sweet-N-Smoky • Hot & Spicy Mongolian

Step 5 : We do the rest. Sit back and prepare yourself for an UnbelievaBowl experience.

Create Your Own

Get the classic Mongo's experience to go! Come in and make it just the way you like it, and we'll pack it up in our special to go containers!

Lunch 11am - 3:45pm

1 Bowl Stir-fry 13.29
(Includes rice, wraps, or tortillas)

Dinner 4pm - Close

1 Bowl Stir-fry 17.49
(Includes rice, wraps, or tortillas)

Add a cup of soup to any stir-fry for only \$2.49

Catering

Seafood and Broccoli Alfredo

Shrimp, scallops, and mock crab served with fresh broccoli, sweet red bell peppers, red onion, and penne pasta. Topped with Mongo's creamy alfredo sauce and fresh grated parmesan cheese.

Family Size (serves 5-7) 47.99 Party Size (serves 10-14) 93.99

Catering

Chicken and Broccoli Alfredo

Chicken and fresh broccoli, sweet red bell peppers, red onion, and penne pasta. Topped with Mongo's creamy alfredo sauce and fresh grated parmesan cheese.

Family Size (serves 5-7) 37.99 Party Size (serves 10-14) 74.99

Hot Honey Garlic Beef

Served with your choice of rice (California brown rice, Mongo's fried rice, steamed white rice) or noodles, (Udon or Steamed) and includes our fresh vegetables (broccoli, pea pods, water chestnuts, carrots).

Family Size (serves 5-7) 44.99 Party Size (serves 10-14) 87.99

Hot Honey Garlic Chicken

Served with your choice of rice (California brown rice, Mongo's fried rice, steamed white rice) or noodles, (Udon or Steamed) and includes our fresh vegetables (broccoli, pea pods, water chestnuts, carrots).

Family Size (serves 5-7) 38.99 Party Size (serves 10-14) 76.99

Teriyaki Chicken

Served with your choice of rice (California brown rice, Mongo's fried rice, or steamed white rice) or noodles, (Udon or Steamed) and includes our fresh vegetables (broccoli, pea pods, water chestnuts, carrots).

Family Size (serves 5-7) 38.99 Party Size (serves 10-14) 76.99

Teriyaki Beef

Served with your choice of rice (California brown rice, Mongo's fried rice, or steamed white rice) or noodles, (Udon or Steamed) and includes our fresh vegetables (broccoli, pea pods, water chestnuts, carrots).

Family Size (serves 5-7) 44.49 Party Size (serves 10-14) 87.99

Mongo's Caesar Salad

Enjoy this classic, fresh and tasty salad as an accompaniment to your meal. Served with fresh romaine lettuce, grated parmesan cheese, croutons and our delicious Caesar dressing.

Family Size (serves 5-7) 11.49

Cheesecake

Delicious New York style cheesecake, baked in a buttery graham cracker crust. Strawberry, chocolate, or caramel toppings are available.

Each Slice 4.99

Please inform us of any food allergies or special requests. Prices subject to change. Larger catering orders may require 24 hours notice. Delivery charges not included.